

THE BLACK DRAGON CHALLENGE 2021

Due to Covid restrictions the Black Dragon cannot be held in the beautiful, challenging, Black Mountains this year so we are challenging you to complete the 26 mile distance your way local.

The Challenge will take start 8am 1st April and end 8pm 30th April 2021

Walk or run a total of 26 miles over the month, local to where you live, following all local covid restrictions.

Submit your activity tracking data (digital or manual) and **receive a unique event badge**.

Complete the 26 miles in one go and be entered into a prize draw to **win a limited addition Lowa Mizu V8 insulated bottle**.

Be the best fundraiser (over £200) and you could **win a pair of Lowa walking boots**.

Details and eligibility

Black Dragon Challenge 2021 - Your Way.

We are challenging you to complete the 26 mile distance of the Black Dragon, your way, in your own time and local to you.

You have the entire month of April to complete the challenge you can do it all in one go or you can spread it out over your permitted exercise time. You can make it suit you, your experience, your fitness level and Covid restrictions local to you.

Step 1

Sign up at <https://www.blackdragonchallenge.com> £12 entry fee + £2 per extra event badge required (A small percentage of this fee covers the cost of your badge and maximum £1 administration. The remainder goes directly to Brecon Mountain Rescue Team.) Charities have struggled this year to continue with their usual operations but with a reduced income. If you would like to donate more to Brecon MRT there is the option to do this when you book or, you could set up a Just Giving page to encourage friends and family to support you in your challenge and help Brecon MRT. Please share your fundraising efforts with us so that we can give you the thanks and credit you very much deserve.

Step 2

Complete your 26 miles!

This should be completed following all local Covid restrictions, you should follow the country code and only walk on public rights of way, permitted access routes or places you have been given landowner permission to walk. Brecon Mountain Rescue and The Newport Outdoor Group will not be there to look after you and do not take responsibility for your activities so, please make sure the walk or run is within your capability, you have checked the weather, you are wearing and carrying appropriate clothing and equipment and are confident you can complete your route, have fun and return home safely!

Step 3

Take lots of photos! We would love to see the unique places you are walking or running and share them with all of our followers to encourage others to join in the fun.

On social media please use #blackdragonchallenge2021 @breconmountainrescue for Facebook and Instagram, @breconmrt for twitter, direct message us on Facebook or Twitter or email secretary@breconmrt.co.uk. Please make sure the people and places in your photos can be shared on social media and they don't depict you breaking any rules (which, of course, none of you will be)

Step 4

At the end of the month email a record of your activities to secretary@breconmrt.co.uk, don't forget to include your 'race number'. This can be a manually written list of activities but preferably will be your activity tracker's summary for the month of April eg by screen shot or your platform's monthly email summary that is sent to you. Join 'Brecon Mountain Rescue Team Supporters' Club on Strava as well, then we can give you kudos along the way!

If you are entering the prize draw for completing 26 miles in one go we will require you to submit data from an activity tracking platform and share that activity data directly from the app to secretary@breconmrt.co.uk.

And Finally.....

There will be an extra prize for exceptional fundraising effort. The prize is a shiny new pair of Lowa walking boots. To enter this competition please submit your fundraising link along with your activity data –The challenge is to raise over £200!

All data must be submitted no later than 12pm 7th May 2021. Badges and prizes will then be dispatched and should be received before 31st May 2021, provided correct contact details and postal address' have been submitted on entry and on data submission.

It is very important that you follow all local Covid regulations, you follow the country code and only walk or run where you have permission to. Neither Brecon Mountain Rescue Team nor the Newport Outdoor Group can accept any responsibility for people using this event to break rules and remind you that you are responsible for your own safety during all of your activity.

Stay Safe. Look after each other. Have fun!